

### Areas for Comprehensive Family Assessment

| <b><u>Family Composition:</u></b>   | <b><u>Factors that increase safety:</u></b> | <b><u>Factors that decrease safety:</u></b> |
|---|---|---|
| <ul style="list-style-type: none"> <li>▪ Family structure</li> <li>▪ Power dynamics</li> <li>▪ Multiple generations</li> <li>▪ Extended family relationships</li> <li>▪ “Psychological” family</li> </ul>   |   |   |
| <b><u>Environmental Stressors:</u></b> <ul style="list-style-type: none"> <li>▪ Economic in/stability</li> <li>▪ Ability to meet basic needs</li> <li>▪ Ability to manage family resources (budget, etc.)</li> <li>▪ Willingness to access/use community supports</li> <li>▪ Availability of community resources</li> </ul>   |   |   |
| <b><u>Parental Conditions:</u></b> <ul style="list-style-type: none"> <li>▪ Mental illness (especially psychosis &amp; severe conditions not being managed with medication and treatment)</li> <li>▪ Cognitive Limitations (i.e. moderate to severe mental retardation)</li> <li>▪ Social skills</li> <li>▪ Impulse control</li> <li>▪ Ability to delay gratification</li> <li>▪ Ability to accept responsibility for own actions</li> <li>▪ Capacity to realistically assess strengths &amp; limits</li> <li>▪ Level of self-esteem</li> <li>▪ Autonomy and self-direction</li> <li>▪ Interpersonal relationships</li> <li>▪ Coping strategies</li> <li>▪ Perceptions of events</li> <li>▪ Parenting skills:                             <ul style="list-style-type: none"> <li>▪ Basic child care</li> <li>▪ Nurturing</li> <li>▪ Discipline &amp; Supervision</li> <li>▪ Encouraging child’s development</li> <li>▪ Expectations</li> </ul> </li> <li>▪ Substance use/abuse</li> </ul> |   |   |