

Self-Assessment for Module #4

Participant Name: _____ Date: ____/____/____

Directions for completing your Self Assessment:

Below is a list of skills and concepts covered in Module 4. Please carefully consider each one and rate your current level of competence by entering a number between 1 and 5 from the "Competence Rating Scale". Then enter one or more letters corresponding to the "What I Need Next" list. Please make any notes about your use of these skills in the Notes sections.

Competence Rating Scale

- 1 = am aware of it
- 2 = can explain it
- 3 = can demonstrate it
- 4 = ready to use it with clients
- 5 = have mastered it

What I Need Next

- F = Further explanation/discussion
- A = Additional resources/readings
- M = More practice and feedback before trying it with clients
- O = Observation of my use of this skill with clients
- N = Nothing right now
- ? = Not Sure

Skill:

	My Competence Level	What I Need Next
✓ Name the four stages of the helping skills model		
✓ Explain how the four stages of the helping skills model provide a framework for the casework interview and the casework relationship		
✓ State at least one desired outcome for each stage of the helping skills model in child welfare		
✓ State the role and purpose of the helping skills for an interview/case contact		
✓ Use one or more strategies to manage client anger and resistance		

Activities I need to do immediately to improve my knowledge/skill:

Supervisory Review: _____