

# Transfer of Learning Activities Module 3

## Mandatory Assignments for completion of Module #3 and Preparation for Module #4:

1) Now that you have learned the skill of “Tuning in to Others” take time to practice it at the agency. While completing your casework duties at your agency, look for an opportunity to use the following steps to practice the skill of “Tuning in to Others:”

### Steps:

- 1) Use “focused listening” to answer these questions:
  - ✓ *“What are this person’s possible emotional, physical, and cognitive reactions to this situation?”*
  - ✓ *“What are the non-verbal behaviors I see that help me to know this?”*
  - ✓ *“What is the person saying that helps me to know this?”*
- 2) Ask yourself, *“How can I let him/her know that I understand these feelings?”*
- 3) Ask yourself, *“How can I check to make sure that I understand correctly?”*
- 4) Implement your answers to questions 2 and 3 and observe/analyze the other person’s responses.

2) During your next supervision, discuss with your supervisor what you learned about yourself, the client, and the use of this skill.

3) What cultural similarities and differences are there between you and a particular client?

4) Using the back of this sheet or another piece of paper, describe a casework situation in which you felt angry or observed someone else’s anger (or other strong emotion)? How did you respond? After you had time to think about it, would you have respond differently? (During Module 4 you will learn the skills of containing your own anger and addressing anger expressed by others).

## Other activities as identified by the trainee, and/or Supervisor:

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Supervisor’s Signature: \_\_\_\_\_

Caseworkers Signature: \_\_\_\_\_