

Self-Assessment for Module #3

Participant Name: _____ Date: ____/____/____

Directions for completing your Self-Assessment:

Below is a list of skills and concepts covered in Module 3. Please carefully consider each one and rate your current level of competence by entering a number between 1 and 5 from the “Competence Rating Scale.” Then enter one or more letters corresponding to the “**What I Need Next**” list. Please make any notes about your use of these skills in the Notes sections.

Competence Rating Scale

- 1 = Am aware of it
- 2 = Can explain it
- 3 = Can demonstrate it
- 4 = Ready to use it with clients
- 5 = Have mastered it

What I Need Next

- F** = Further explanation/discussion
- A** = Additional resources/readings
- M** = More practice and feedback before trying it with clients
- O** = Observation of my use of this skill with clients
- N** = Nothing right now
- ?** = Not Sure

Skill:

	My Competence Level	What I Need Next
Understand the concept of cultural competence.		
Identify one’s own cultural values, how these values contrast with cultural values of others, and the impact cultural values have on one’s attitudes and behaviors.		
Develop techniques to increase cultural awareness.		
Apply cultural knowledge to the planning and delivering of child welfare services.		
Be able to reflect on the meaning of culture for them.		
Be able to identify how culture can play a part in how they use interactional skills with families.		
Understand the importance of non-judgmental behavior in building partnerships with families.		
Develop means to manage personal stress and prevent burn-out.		

Activities I need to do immediately to improve my knowledge/skill:

Supervisory Review: _____