



# Using the Interactional Helping Skills in Child Welfare

## **PRELIMINARY or PREPARATORY PHASE**

### **SKILLS:**

(to prepare for the work ahead)

## **BEGINNING or CONTRACTING PHASE**

### **SKILLS:**

(to develop a contract to assure safety and well-being)

## **MIDDLE or WORK PHASE SKILLS:**

(to assess strengths, safety, risks, and family functioning and to facilitate change that meets the mission of safety, timely permanence and well-being)

## **ENDING or TRANSITIONAL PHASE**

### **SKILLS:**

(to close the process)

Shulman, Lawrence.1999. *THE SKILLS OF HELPING INDIVIDUALS, FAMILIES, GROUPS, AND COMMUNITIES* (Fourth Edition) , Itaska, IL: F.E. Peacock Publishers, Inc.