

Advice for Child Welfare Professionals



1. Always remember, there are no “one-size-fits-all” answers in the practice of child welfare.
2. Consult with your supervisor for advice/suggestions.
3. Seek out assistance/consultation from more experienced colleagues.
4. Actively seek out specialized and related training for further skill development.
5. Use the stress reduction techniques discussed earlier in this curriculum to reduce stress and prevent burnout.