

Using Interactional Helping Skills



PRELIMINARY or PREPARATORY PHASE SKILLS:

(to establish and maintain the
protective partnership)

- Tuning In To Self
- Tuning In To Others

Using Interactional Helping Skills (continued)

BEGINNING or CONTRACTING PHASE SKILLS:

(to develop a contract to assure safety
and well-being)

- Clarifying Purpose, Function, and Role
- Reaching for Feedback
- Dealing with Issues of Authority

Using Interactional Helping Skills (continued)

MIDDLE or WORK PHASE SKILLS:

(to assess strengths, safety, risks, and family functioning and to facilitate change that meets the mission of safety, timely permanence and well-being)

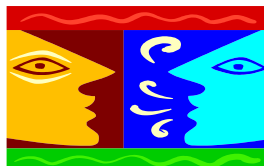
- Questioning
- Reaching Inside the Silences
- Communicating Information

Using Interactional Helping Skills (continued)

ENDING or TRANSITIONS PHASE SKILLS:

(to close the process)

- Summarizing



Shulman, Lawrence. 1999. *THE SKILLS OF HELPING INDIVIDUALS, FAMILIES, GROUPS, AND COMMUNITIES* (Fourth Edition), Itaska, IL: F.E. Peacock Publishers, Inc.