

Case Analysis

1. Describe the most challenging family in your caseload.

2. Which phase of the work/relationship are you in and how do you know this?
[Preparatory • Contracting • Work • Ending/Transition]
What are the behavioral indicators of the client that tell you this? (What questions could you ask to assess this if you are unsure?)

3. What stage of the change cycle is the client/family in? How do you know this?
What needs to happen for the client to move to the next stage in the cycle? (What questions could you ask to assess this if you are unsure?)
#1 Unaware of need to change
#2 Thinking about change
#3 Makes a plan to change
#4 Makes the change
#5 Maintains the change
#6 Change becomes a habit
#7 Relapse

4. Identify at least 3 strengths the family has and tell how these can be used to mitigate against the risks. (What questions could you ask to assess this if you are unsure?)

Strength

Risk

a.

b.

c.

Case Analysis (continued)

5. Identify times/situations when the maltreatment didn't occur. (What questions could you ask to assess this if you are unsure?)

6. On a scale of 0 to 10, what is the family's level of engagement? What behaviors or statements indicate this to you? (What questions could you ask to assess this if you are unsure?)

7. What strategies can you use to increase the level of engagement 1 or 2 levels higher? What might cause this to slip? What can you do to prevent that?

8. What are the current threats to safety? (What questions could you ask to assess this if you are unsure?)

