

Self-Assessment - Module #13

Charting The Course towards Permanency...

Participant Name: _____ Date: ____/____/____

Directions for completing your Self Assessment:

Below is a list of skills and concepts covered in Module 13. Please carefully consider each one and rate your current level of competence by entering a number between 1 and 5 from the “Competence Rating Scale”. Then enter one or more letters corresponding to the “What I Need Next” list. Please make any notes about your use of these skills in the Notes sections.

Competence Rating Scale

- 1 = am aware of it
- 2 = can explain it
- 3 = can demonstrate it
- 4 = ready to use it with clients
- 5 = have mastered it

What I Need Next

- F** = Further explanation/discussion
- A** = Additional resources/readings
- M** = More practice and feedback before trying it with clients
- O** = Observation of my use of this skill with clients
- N** = Nothing right now

	My Competence	My Needs
Understand the potentially traumatic outcomes of the separation and placement experience for children and their families, including precipitation of psychological crisis, serious disruption of family relationships, and disturbances in the child’s cognitive, emotional, social, and physical development.		
Define “reunification” and “permanency planning” and knows the negative effects on children of changing and inconsistent living arrangements.		
Know how to complete the Child Permanency Plan.		
Understand how properly structuring a placement can help prevent crisis and its consequences, and can conduct placement activities, including pre-placement preparation and visits, that minimize stress and provide emotional support to the child and family.		
Prepare foster parents, relatives, and other substitute caregivers to receive children in placement to reduce the child’s stress and to facilitate the child’s adjustment.		
Implement strategies to identify, strengthen, and maintain the least restrictive (i.e., kinship care) and/or most appropriate placement to meet a child’s special needs.		
Assist families in meeting case goals and objectives by involving them in all phases of placement planning and implementation. Those services include the supporting and empowering of parents and the understanding of multicultural norms, values, traditions, and child rearing practices of ethnic and cultural groups.		
Recognize the necessity of regular and frequent visits to maintain the parents’ relationship with the placed child, and can use casework strategies that enable parents to participate in planning and attending visits.		

