

Excerpts from the Forrester Updated Service Plan

Overview: You are going to have a chance now to practice reviewing the progress made on the second service plan objective, anger management.

Background: Objective from original Family Service Plan

- ❖ Anger Management objectives (for Susan):
 - Susan will control and express her anger in ways that do not hurt Jon or Wendy physically or emotionally.
 - Susan's expression of her anger and frustration will be safe for Jon and Wendy.
 - Susan's anger and frustration as a parent will not hurt Jon or Wendy.

Mrs. Forrester has made some effort in the area of anger management. First, she acknowledges that she has unresolved issues from her own childhood, her teenage years and the end of her marriage to Jon and Wendy's father.

Where on the FSP document should this information be recorded, and, using **Handout #6 (Family Service Plan)**, record that information.

