

## Hair Care Dilemmas....And Now What!!

1. My child's hairline is receding. What causes this?

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2. My 7- year old child wants to have a relaxer. Should I do this? Are there alternatives?

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3. My 14-year old daughter wants to use a hot comb on her hair. Should I allow this?

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4. My teenager wants her hair to grow long, and hence resists getting any type of trims. How often should I suggest she get it trimmed & how can I convince her to do so?

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5. When my child wakes up from sleeping, her hair is often messy and very tangled. What can I do to avoid this?

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6. My child is heavily into sports, such as swimming and field hockey. How should I care for the hair during times when she's playing heavy sports or swimming & what are the best styling choices?

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7. My son has cornrows in his hair. How long should I let him keep them in before removing them & re-braiding? What's the best way to remove them without hurting him or unnecessarily breaking off the hair?

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