

## Myth or Fact?

1. There is no difference in the makeup of African American hair in comparison with any other hair type.

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2. Unlike other hair types that grow approximately  $\frac{1}{2}$  inch per month, African American hair grows at a slower rate, usually less than  $\frac{1}{4}$  inch per month.

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3. A dry or flaky scalp is most often a result of a lack of oil, and can be most easily addressed by oiling the scalp with an appropriate product.

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4. The reason kinky hair breaks so easily is because of its dry texture.

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5. Ashy skin can be eliminated if you moisturize with the correct product on a regular basis.

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6. Because African American and biracial children tend to have their hair washed less frequently, lice tends to occur somewhat more frequently than in children of other ethnicities.

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7. Regardless of style (e.g. braids, extensions, dreadlocks, cornrows, relaxed etc.), hair needs to be washed every 7-10 days.

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