

## **WORKSHOP DIRECTORY PAGE**

**TITLE:** Hair and Skin Care for African American and Biracial Children

**COMP. #:** 937-2

**NO. HRS:** 3

**DATE:** March, 2005

### **COMPETENCY:**

**937-2:** The foster parent can use knowledge of the child's culture to help develop relationships to stimulate development, to manage behavior and to integrate the cultural heritage of the child in daily living.

### **LEARNING OBJECTIVES:**

Participants will be able to:

- √ Describe the unique properties of skin of color and the major differences between skin of color and White skin;
- √ Determine how to apply a fundamental skin-care routine for babies and children in their care, including how to choose appropriate skin cleansing and moisturizing products;
- √ Identify minor skin disorders more prevalent to African American and Biracial children as well as treatment recommendations;
- √ Apply a 7-step care process for children's hair and a basic hair-care regiment for infants;
- √ Recognize the critical tools needed for styling kinky and curly hair;
- √ Identify and apply fundamental steps in achieving various styling techniques for children's hair.

### **CALENDAR SUMMARY:**

For children of all ethnicities, it is essential to a child's sense of identity and self-esteem that they are given the opportunity to look like they are well-cared for and groomed. How children look can shape the conclusions outsiders draw. Children notice others' assessments and often interpret them as evidence of their own inadequacy. For Foster Parents of African American or Biracial children who are of a differing ethnicity, the hair and skin care practices necessary to maintain health and beauty may be totally different from their own. It is also something that most people have never had the opportunity to learn about. This training will provide participants with the fundamental knowledge and skills needed to care for the skin and hair of children who are African American or Biracial, focusing upon providing easy-to-learn techniques, product recommendations, as well as discussion around common hair and skin dilemmas.

**TABLE OF HANDOUTS:**

Handout #1 Agenda (1 page)

Handout # 2 Myth or Fact? (1 page)

Handout #3 Minor Skin Disorders (4 pages)

Handout # 4 Hair Care Dilemmas....And Now What!! (2 pages)