

WORKSHOP DIRECTORY PAGE

TITLE: Supervisory Skills and Knowledge Related to Substance Abuse

COMP. #: 533

NO. HRS: 12

DATE: May, 2003

COMPETENCY:

533-1: The Supervisor understands their role to facilitate the worker's growth and development on the job through management practices, on-the-job training, and support.

LEARNING OBJECTIVES:

Participants will be able to:

- Determine their personal values and biases regarding issues of addiction and in their work with substance abusing families.
- Define major terms and concepts related to addiction.
- Discuss the psychological, physiological and sociological impact of addiction on individuals and families.
- Define the stages of addiction and the stages of change.
- Determine the issues of safety and risk to substance abusing families.
- Transfer their knowledge and skills to families, supervisees, other service professionals.
- Assess staff training needs and provide appropriate resources for learning.
- Use various techniques to assist workers in gaining skills and knowledge including supervision, unit meetings, role modeling and referrals to alternative training resources.

CALENDAR SUMMARY:

Learn techniques to transfer your knowledge and skills related to working with families about substance abuse to staff and other professionals. This course is designed as a supervisory level overview of the caseworker workshop: "309: An Introduction to Substance Abuse for Child Welfare Professionals." Supervisors will learn how to assess a workers knowledge and skills related to 1) terms and concepts related to addiction, 2) psychological, physiological, and sociological impact of addiction, and 3) the stages of addiction and change. Upon assessment supervisors will be able to assist workers in gaining/improving their knowledge and skills in working with families involved in Alcohol and Other Drugs (AOD) use and/or abuse. Supervisors will also learn the questions to ask a worker to insure their staff is providing them with an accurate child safety assessment. This workshop focuses on supervisory level responsibilities and assumes you have a basic knowledge about AOD.

TABLE OF HANDOUTS:

- 1: Agenda (2 pages)
- 2: Learning Objectives (1 page)
- 3: Drug and Alcohol Pretest (4 pages)
- 4: Perspectives On Our Past and Current Beliefs Today (1 page)
- 5: Examining Cultural Beliefs Related to Chemical Dependency (1 page)
- 6: Guiding Principles for Child Welfare (2 pages)
- 7: David Letterman's Top Ten Truths No One Told You About Supervision (1 page)
- 8: Three Types of Supervision (1 page)
- 9: Characteristics of Adult Learners (1 page)
- 10: My Action Plan Packet (13 pages)
- 11: Dear Trainer Letter (1 page)
- 12: Questions on "Roots of Addiction" (2 pages)
- 13: Glossary of Drug and Alcohol Terms (7 pages)
- 14: Conceptual Models for Understanding Chemical Dependency (3 pages)
- 15: The Use/Abuse/Dependency Continuum (1 page)
- 16: Progression of Alcohol/Drug Dependency (1 page)
- 17: Case Vignette – Marie (1 page)
- 18: Case Vignette – Walter (1 page)
- 19: Central Nervous System Stimulants (2 pages)
- 20: Miscellaneous Drugs (4 pages)
- 21: Central Nervous System Depressants (3 pages)
- 22: Alcohol Interaction with Other Drugs (1 page)
- 23: Physical and Safety Issues (2 pages)
- 24: Possible Signs of Drug Use (3 pages)
- 25: Chemically Dependent Families (1 page)
- 26: The Effect of Substance Abuse on Children and Families (1 page)
- 27: Reflections on "Reflections" (1 page)
- 28: Six Stages of Change (2 pages)
- 29: Transfer of Learning (1 page)
- 30: Substance Abuse Overview Resource List (6 pages)
- 31: Bibliography (2 pages)