

THE CAREGIVER

Must Learn:

1. What things are triggers.
2. To recognize signs of impending flare-up.
3. The 4 signs that a flare-up is occurring.
4. To keep an asthma diary.
5. How each medication works and details of administration.
6. To use each piece of equipment.
7. When they can handle things and what situations require professionals.

Details of treatment plan and how to follow it.

