

The Child With Asthma: Leading and Active Life

INTRODUCTION AND OPENING ACTIVITIES

ALL ABOUT ASTHMA

Who has asthma
How the lungs work
What is asthma

PREVENTING AND RESPONDING TO “FLARE-UPS”

Triggers
Environmental concerns
Early detection and treatment
Commonly used medications
Equipment
Record keeping

EXERCISE AND THE CHILD WITH ASTHMA

Restrictions
Emotions
Maximizing participation

TEAMWORK

The child
The caregiver
The physician
The school
The caseworker

EVALUATION AND CLOSURE

Transfer of Learning

Learning Objectives

Upon completion of training session, participants will be able to:

- Describe the normal function of the lung.
- Explain the disease process related to asthma.
- Identify measures to prevent and respond to flare-ups in the condition.
- Describe the interaction of the caregiver, child, caseworker, and physician team.

Competency

316-1. The Child Welfare Professional knows health and medical conditions which can affect the well being of children and families or which can contribute or result from child abuse/neglect.