

## *Drug and Alcohol Use Terms*

⇒ **Abuse** – When use begins to cause problems in some but not all areas of user’s life. User can still maintain a sense of normalcy.

⇒ **Dependence** – The user’s everyday routine is affected by the drug and alcohol use. Loss of control, Live to Use, Use to Live. Preoccupation with use permeates all aspects of the user’s life.

⇒ **Progression** – When drug and alcohol use becomes more problematic and leads to more or different use. Tolerance of the effect of the drug is also prevalent.

⇒ **Withdrawal** – The negative feelings the user experiences after use stops. Can be both physical and psychological. Can also include cravings. With use of some drugs and alcohol, withdrawal could be fatal.

