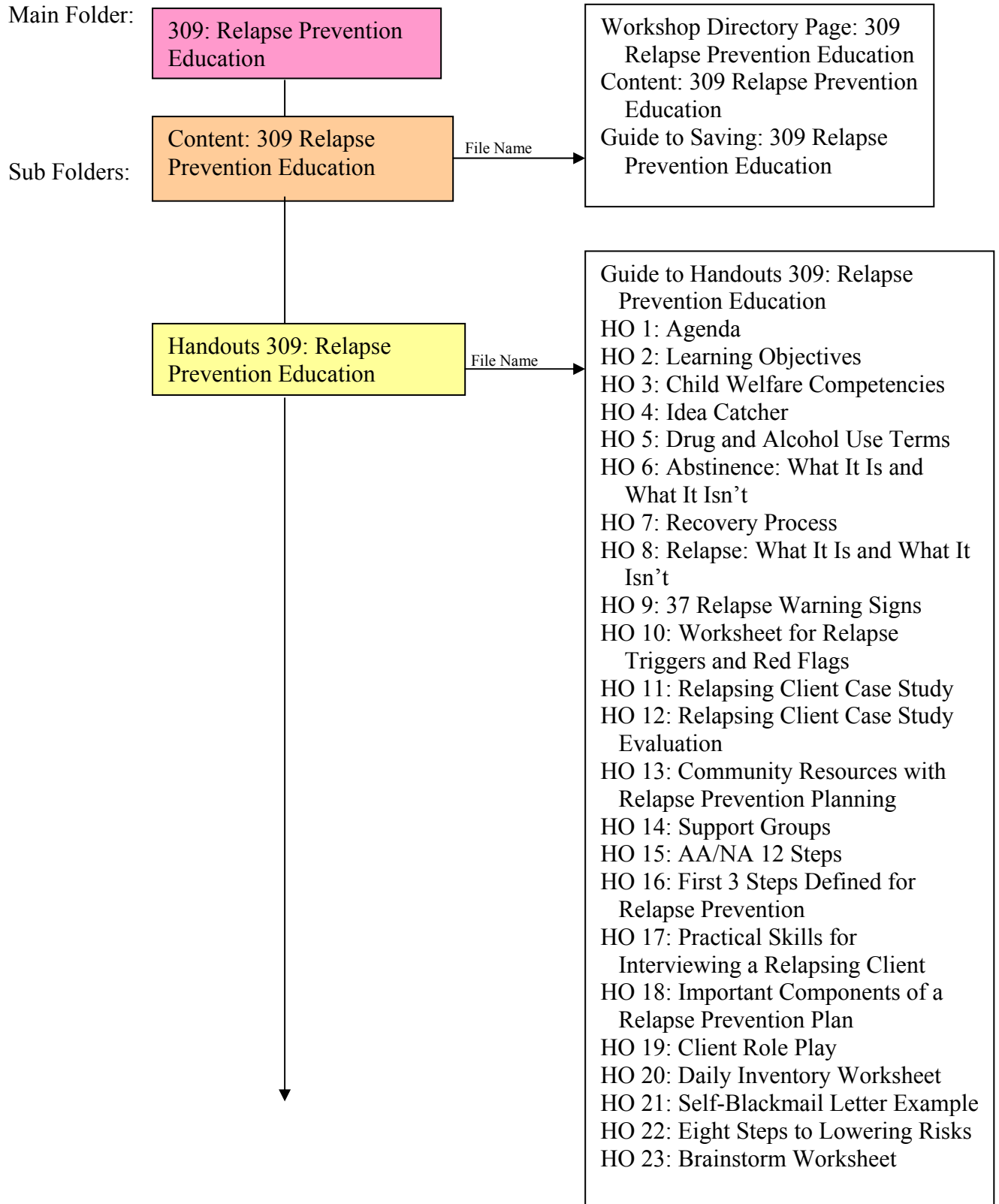
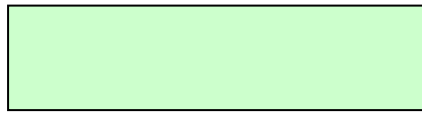


## Guide to Saving 309: Relapse Prevention Education



**Guide to Saving 309: Relapse Prevention Education (continued)**



File Name

Guide to Overheads: 309 Relapse Prevention Education  
OH 1: Agenda  
OH 2: Learning Objectives  
OH 3: Drug and Alcohol Use Terms  
OH 4: Abstinence: What It Is and What It Isn't  
OH 5: Recovery Process  
OH 6: Relapse: What It Is and What It Isn't  
OH 7: 37 Relapse Warning Signs  
OH 8: Relapse Triggers Defined  
OH 9: Red Flag Behaviors Defined  
OH 10: Myth and Truth  
OH 11: Relapsing Client  
OH 12: Community Resources with Relapse Prevention Planning  
OH 13: Support Groups  
OH 14: Practical Skills for Interviewing a Relapsing Client  
OH 15: Important Components of a Relapse Prevention Plan  
OH 16: Other Tools for Preventing Relapse  
OH 17: Eight Steps to Lowering Risks

Appendices: 309 Relapse Prevention Education

File Name

Guide to Appendices: 309 Relapse Prevention Education  
App A: Example Role Play