

Example Role Play

You are a 22 year old mother of 4 who has been involved with CYS for 5 months due to leaving your children in the home alone while you were out drinking at a bar. You have been making efforts to get clean to keep your children. However, over the last week you have lost your job and have been feeling like drinking again would give you the escape you need to deal with your life. You do want to remain in your children's life, but you are scared that you can't keep from using. You did relapse last weekend and you do not know what to do.