

# THE GOALS OF TREATMENT

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- 1. Identify chemical dependency.**
- 2. Help individual to identify the denial; confront that denial.**
- 3. Teach individual about his/her illness.**
- 4. Teach individual what to do about it (ex., Twelve Step Groups).**
- 5. Teach individual how to prevent relapse.**
- 6. Work with individual to resolve problems (Post-Acute Withdrawal Syndrome).**