

Adult Depression Considerations

Obtain this information from the client:

- ✓ Age of Onset
- ✓ Number of Previous Episodes
- ✓ Medical History (Including a Recent Physical Exam)
- ✓ Familial History of Depression or Substance Abuse
- ✓ Perception of Support Systems
- ✓ Substance Abuse History
- ✓ Information about any Stressful Life Events, Particularly Losses, Occurring During the Past Six Months to One Year