

Features of Adult Depression

- Mild - few, if any symptoms
- Moderate – mild to severe functional impairment
- Severe Without Psychotic Features - interference with occupational or social functioning
- Severe With Psychotic Features - delusions or hallucinations
 - Mood congruent psychotic features
 - Mood-incongruent psychotic features
- Catatonic Features
 - Motor immobility
 - Excessive motor activity
 - Extreme negativism or mutism
 - Peculiarities of voluntary movement
 - Echolalia or echopraxia

Features of Adult Depression (continued)

□ Melancholic Features

- Depressed mood
- Depression worse in the morning
- Early morning awakening
- Marked psychomotor agitation or retardation
- Significant anorexia or weight loss
- Excessive or inappropriate guilt

□ Atypical Features

- Significant weight gain or increase in appetite
- Hypersomnia
- Leaden paralysis
- Interpersonal rejection sensitivity

□ Postpartum Onset

□ Seasonal Pattern