

## Bio-psycho-social-cultural Model

**Biological Theories-** examining physical factors that impact a person's overall functioning - may be health related, substance use/abuse, age, etc.

**Psychological Theories** - examines the cognitive, intellectual, personality and other psychological impact

**Social (Sociological) Theories** - explores the impact that social environment has on the person/family

**Cultural Theories** - addresses the overall, impact that a person's culture may have on their assimilation, response to illness/stress etc. as well as the response of the majority culture to other cultural influences

