

Prevalence of Adult Depression

Disorder Socioeconomic	Age	Gender	Race	Marital Status	Status
Major Depression	18-29	female	Hispanic	unmarried	low
Dysthymia	45-64	female	-----	unmarried	low
Minor, Subthreshold	25-34	equal	-----	unmarried	low

- ❑ **Women have a 10-15% higher chance of experiencing depression than men.**
- ❑ **Certain minority populations may have a higher rate of depression than others.**
- ❑ **Low socioeconomic status, under-education have an impact on rates of depression.**
- ❑ **Single, Separated, Divorced or Widowed persons have higher rates of depression (some evidence points to living alone as a key issue).**

Badger, L. & Rand. E. in Williams, J. & Ell, K. (Eds.). (2000). Mental Health Research: Innovations for Practice. Silver Spring, MD: NASW.