

Impact of Depression on the Family

1. All family members in the household suffer emotionally
2. Families blame each other for the problem
3. All family members lose time and energy for leisure activities
4. Economic
5. Frequent disruption of life routines
6. Few social relationships with persons outside of family
7. Stress
8. Grief and mourning
9. Lower quality of physical and mental health
10. Stigma
11. Disappointment related to changing goals

