

308-Adult Psychopathology: Depression Disorder

Guide to Handouts

Section I - Introductions and Workshop Overview

- Handout 1 - Adult Depression Agenda/Learning Objectives (1 page)

Section II - Prevalence, Definitions, Symptoms and Features of Adult Depression

- Handout 2 - Prevalence of Adult Depression Quiz (1 page)
- Handout 3 - Prevalence of Adult Depression (1 page)
- Handout 4 - Signs and Symptoms of Adult Depression (2 pages)
- Handout 5 - Features of Adult Depression (2 pages)

Section III - Assessment of Adult Depression

- Handout 6 - Bio-psycho-social-cultural Model (1 page)
- Handout 7 - Eco-map (2 pages)
- Handout 8 - Adult Depression Considerations (1 page)

Section IV - Impact of Depression

- Handout 7 - Eco-Map (2 pages)
- Handout 9 - Impact of Depression on the Individual (1 page)
- Handout 10 - Impact of Depression on the Family (1 page)

Section V - Treatment for Adult Depression

- Handout 11 - Culture and Depression (1 page)
- Handout 12 - Medications for Adult Depression (2 pages)
- Handout 13 - Psychotherapy Quiz (1 page)
- Handout 14 - Psychotherapy Options for Adult Depression (1 page)

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Guide to Handouts (continued)

Section VI - Review and Evaluation

- Handout 15 - Case Study and Questions (3 pages)
- Handout 16 - Self Review of Competencies (1 page)