

## WORKSHOP DIRECTORY PAGE

**TITLE:** Adult Psychopathology: Depression Disorder

**COMP. #:** 308

**NO. HRS.** 6

**DATE:** July 2002

### **STANDARDS:**

I-C Assessment- Make Investigative Decisions

I-C Assessment-Assess Interrelationships of Critical Issues

III-A Service Delivery-Connect Service Plan and Delivery

IV-B Monitoring and Evaluation-Evaluate Service Delivery

### **COMPETENCIES:**

308-1 The Child Welfare Professional recognizes the primary indicators of adult psychopathology, including symptoms of schizophrenia, paranoia, psychosis, depression, anxiety, and personality disorders.

308-2 The Child Welfare Professional understands the effects of parents' mental illnesses or emotional problems on children's development and behavior, and can accurately assess the risk to the child remaining in the primary care of the emotionally disturbed/mentally ill parent.

308-3 The Child Welfare Professional understands the treatment of mental illness and emotional disorders, can recognize signs that hospitalization may be needed, is aware of community treatment resources, and can use these resources in developing the case plan.

308-4 The Child Welfare Professional knows the appropriate uses of medications in the treatment resources, and the potential side effects of these medications.

### **LEARNING OBJECTIVES:** Participants will be able to:

- Use the DSM IV to identify the signs and symptoms of Depression in the Major, Moderate, Mild and Dysthymic diagnosis.
- Use the DSM IV to identify the features that can accompany the diagnosis of Depression: Mild, Moderate, Severe, Psychotic, Chronic, Catatonic, Postpartem, Melancholic, Partial and full remission, Seasonal Pattern, Atypical and Interepisode Recovery.
- Identify how the parent's/caregiver's mental health diagnosis of Depression may impact the child's growth and development (physical, mental, emotional, social).
- Identify how culture impacts the diagnosis of Depression and it's treatment
- Identify when parent/caregiver with the diagnosis of Depression may need mental health services

- Identify community and medical treatment resources for individuals diagnosed with Depression and the family or children it impacts upon.

**CALENDAR SUMMARY:** Depression can have a devastating impact on a person's ability to effectively parent. When parents receive the needed intervention, they can fulfill their roles as parents and caregivers. Child Welfare Professionals need to understand the etiology and latest treatments for adult depression so they can effectively assess, refer and support their adult clients.

**HANDOUTS:**

- 1: **Adult Depression Agenda (1 page)**
- 2: **Prevalence of Adult Depression Quiz (1 page)**
- 3: **Prevalence of Adult Depression (1 page)**
- 4: **Signs and Symptoms of Adult Depression (2 pages)**
- 5: **Features of Adult Depression (2 pages)**
- 6: **Bio-psycho-social-cultural Model (1 page)**
- 7: **Eco-map (2 pages)**
- 8: **Adult Depression Considerations (1 page)**
- 9: **Impact of Depression on the Individual (1 page)**
- 10: **Impact of Depression on the Family (1 page)**
- 11: **Culture and Depression (1 page)**
- 12: **Medications for Adult Depression (2 pages)**
- 13: **Psychotherapy Quiz (1 page)**
- 14: **Psychotherapy Options for Adult Depression (1 page)**
- 15: **Case Study and Questions (3 pages)**
- 16: **Self Review of Competencies (1 page)**

**APPENDICES:**

- 1: **Depression Note Cards (4 pages)**