

## Self Review of Competencies

Each participant, rate him/herself on the following competencies, as they relate to the training on Adult Bi-polar:

308-1 The Child Welfare Professional recognizes the primary indicators of adult psychopathology, including symptoms of schizophrenia, paranoia, psychosis, depression-manic depression, anxiety, and personality disorders.

1	2	3	4	5
Completely Recognize	Recognize Well	Recognize	Marginally Recognize	Not at all Recognize

308-2 The Child Welfare Professional understands the effects of parents' mental illnesses or emotional problems on children's development and behavior, and can accurately assess the risk to the child remaining in the primary care of the emotionally disturbed/mentally ill parent.

1	2	3	4	5
Completely Understand	Understand Well	Understand	Marginally Understand	Not at all Understand

308-3 The Child Welfare Professional understands the treatment of mental illness and emotional disorders, can recognize signs that hospitalization may be needed, is aware of community treatment resources, and can use these resources in developing the case plan.

1	2	3	4	5
Completely Understand	Understand Well	Understand	Marginally Understand	Not at all Understand

308-4 The Child Welfare Professional knows the appropriate uses of medications in the treatment resources, and the potential side effects of these medications.

1	2	3	4	5
Completely Understand	Understand Well	Understand	Marginally Understand	Not at all Understand