

## *Medication for the Treatment of Bipolar Disorder*

### **Common Medications**

- Lithium carbonate (Eskalith, Lithobid)
- Lithium citrate (Cibalith)
- Valproic acid (Depakote)

### **Indicators:**

Used to treat bipolar disorders

### **Side Effects:**

- Confusion
- Fatigue
- Hand tremors
- Muscle weakness
- Weight gain
- Possible toxicity

