

Family Impact Activity

Family #1

Family members (Caucasian family, blue collar - middle socioeconomic level, rural community):

**38 year old father
35 year old mother, diagnosed with Bipolar Disorder
4 year old daughter
2 year old son**

Mother has frequent symptoms of:

**Limited sleep (3 hours a night)
High energy levels
Decreased insight (awareness of mental illness and treatment needs)
Intensive involvement in pleasurable activities**

Each person in the group is assigned a family member role.

**How might the symptoms identified impact you?
What role might culture play?
How might child safety be impacted?**

Family #2

Family members (African American family, professional family - middle socioeconomic level, urban community):

**40 year old father, diagnosed with Bipolar Disorder
38 year old mother
12 year old son
8 year old son**

Father has occasional symptoms of:

**High energy and productivity
Limited sleep (4 hours a night)
Mood swings
Depressed mood**

Each person in the group is assigned a family member role.

**How might the symptoms identified impact you?
What role might culture play?
How might child safety be impacted?**

Family Impact Activity (continued)

Family #3

Family members (Latino family- Mexican, low socioeconomic level, urban community, Catholic):

**58 year old grandfather living in the home
56 year old grandmother living in the home
27 year old single mother, diagnosed with Bipolar Disorder
6 year old daughter**

Mother has occasional symptoms of:

**Pressured speech
Racing thoughts
Easily distracted
Occasionally leave home and travel across country**

Each person in the group is assigned a family member role.

**How might the symptoms identified impact you?
What role might culture play?
How might child safety be impacted?**

Family #4

Family members (Caucasian family - separated, high socioeconomic level, urban community, religious - Protestant):

**45 year old father, diagnosed with Bipolar Disorder
40 year old mother
10 year old son
9 year old daughter**

Father has symptoms of:

**Increased self esteem
Labile mood
Unrealistic goals
Angry outbursts
Violent behavior**

Each person in the group is assigned a family member role.

**How might the symptoms identified impact you?
What role might culture play?
How might child safety be impacted?**