

## WORKSHOP DIRECTORY PAGE

**TITLE:** Adult Psychopathology: Bipolar Disorder

**COMP.#:** 308

**NO. HRS:** 6

**DATE:** July 2002

### **STANDARDS:**

I-C Assessment-Make Investigative Decisions

I-C Assessment-Assess Interrelationships of Critical Issues

III-A Service Delivery-Connect Service Plan and Delivery

IV-B Monitoring and Evaluation-Evaluate Service Delivery

### **COMPETENCIES:**

- 308-1 The Child Welfare Professional recognizes the primary indicators of adult psychopathology, including symptoms of schizophrenia, paranoia, psychosis, depression, anxiety, and personality disorders.
- 308-2 The Child Welfare Professional understands the effects of parents' mental illnesses or emotional problems on children's development and behavior, and can accurately assess the risk to the child remaining in the primary care of the emotionally disturbed/mentally ill parent.
- 308-3 The Child Welfare Professional understands the treatment of mental illness and emotional disorders, can recognize signs that hospitalization may be needed, is aware of community treatment resources, and can use these resources in developing the case plan.
- 308-4 The Child Welfare Professional knows the appropriate uses of medications in the treatment of mental illness and the potential side effects of these medications.

### **LEARNING OBJECTIVES:**

Participants will be able to:

- ✓ Identify the signs and symptoms of Bipolar Disorder in the Manic, Hypomanic, Mixed, Depressed, Depressive with Hypomanic episodes, Cyclothymic and Unspecified episodes
- ✓ Identify the features that can accompany the diagnosis of Bipolar Disorder: Mild, Moderate, Severe, Psychotic, Chronic, Catatonic, Postpartum, Melancholic, Partial and full remission, Rapid Cycling, Seasonal Pattern, Atypical, Interepisode Recovery, and Substance Induced
- ✓ Identify how the parent's/caregiver's mental health diagnosis of Bipolar Disorder may impact the child's growth and development (physical, mental, emotional, social)
- ✓ Identify how culture impacts the diagnosis of Bipolar Disorder and its treatment

- ✓ Identify when parent/caregiver with the diagnosis of Bipolar Disorder may need mental health services
- ✓ Identify community and medical treatment resources for individuals diagnosed with Bipolar Disorder and the family or children it impacts upon

### **CALENDAR SUMMARY:**

Bipolar Disorder can have a devastating impact on a person's ability to effectively parent. When parents receive the needed intervention, they can fulfill their roles as parents and caregivers. Child Welfare Professionals need to understand the etiology and latest treatments for adult Bipolar Disorder so they can effectively assess, refer and support their adult clients.

### **TABLE OF HANDOUTS:**

- 1: **Agenda and Learning Objectives (1 page)**
- 2: **Prevalence of Bipolar Disorder Quiz (1 page)**
- 3: **Prevalence of Bipolar Disorder (1 page)**
- 4: **Signs and Symptoms of Bipolar Disorder (3 pages)**
- 5: **Features of Bipolar Disorder (2 pages)**
- 6: **Compare and Contrast Video Exercise (1 page)**
- 7: **Bio-psycho-social-cultural Model (1 page)**
- 8: **Eco-map (2 pages)**
- 9: **Bipolar Disorder: Questions to Consider When Referring (1 page)**
- 10: **Further Considerations (1 page)**
- 11: **Impact of Bipolar Disorder on the Individual/Family (2 pages)**
- 12: **Family Impact Activity (2 pages)**
- 13: **Medication for the Treatment of Bipolar Disorder (1 page)**
- 14: **Treatments for Bipolar Disorder (1 page)**
- 15: **Case Study and Questions (3 pages)**
- 16: **Self Review of Competencies (1 page)**
- 17: **References (1 page)**