

# PRE-WORK

To better aid your participation in *Adult Mental Health Issues: An Introduction to Child Welfare Professionals*; please take the time to complete the following tasks prior to attending the training.

- ◆ Briefly review the contents of the **Adult Mental Health Resource Book** (on CD);
- Assessment of the prevalence of adult mental health issues on the trainee's caseload;
- Review of agency policies and processes regarding referrals for adult mental health services including any policies surrounding confidentiality;
- Review a psychological evaluation from their caseload and complete the Pre-Work #2 handout;
- Review a family service plan written for a family where a caregiver has a mental illness; and
- Review of what mental health services are available in the trainee's county.