

WORKSHOP DIRECTORY PAGE

TITLE: Adult Mental Health Issues: An Introduction for Child Welfare Professionals

COMP. #: 308

NO. HRS: 12

DATE: June 2009

COMPETENCY:

308-1: The Child Welfare Professional recognizes the primary indicators of adult psychopathology, including symptoms of schizophrenia, paranoia, psychosis, depression, anxiety, and personality disorders.

308-2: The Child Welfare Professional understands the effects of parents' mental illness or emotional problems on children's development and behavior, and can accurately assess the risk to the child if remaining in the primary care of the emotionally disturbed/mentally ill parent.

LEARNING OBJECTIVES: Participants will be able to:

- Name the laws and regulations that are associated with adult mental health issues;
- Recognize how and when a caseworker needs to intervene to assure safety, permanency and well-being for children/adolescents;
- Identify the diagnostic criteria for adult mental health disorders and how they manifest behaviorally;
- Determine connections between the behavioral indicators for adult mental health disorders and child safety and risk;
- Engage adult caregivers and gain insight into the functioning of the family and the welfare of the child;
- Recognize how a mental health diagnosis for an adult affects the case process in child welfare, specifically service planning and delivery, and permanency planning;
- Identify the issues involved in planning and maintaining a placement for a child when adult mental health issues in the family are involved.

CALENDAR SUMMARY:

This training serves as an introduction for newly certified direct service workers on the topic of adult mental health issues and its connection to child welfare. Adult mental health problems present challenges to a person's ability to parent, care for, and supervise children. When caregivers receive the needed intervention and treatment,

they can often fulfill their role as parents and caregivers. As caseworkers come into contact with a caregiver who has a mental health diagnosis, it is imperative that they be able to identify and connect issues related to the diagnosis to the casework process for child welfare. In this training, best practices in the areas of collaboration, case planning, making referrals for service, permanency planning, and placement, will be related to adult mental health. Participants will also be able to connect the behaviors demonstrated by a person with specific mental health diagnoses and draw connections to child safety and risk.

TARGET AUDIENCE:

This workshop is part of the Second Layer of Core, which is intended for newly certified direct service workers. The content presented in this training provides new Child Welfare Professionals with foundational information related to specific casework practice regarding adults with mental health issues.

EXPECTATIONS OF THE TRAINER:

Trainer should be experienced in both Adult Mental Health and Child Welfare practices and should be able to provide interrelated case examples to participants. Adult Mental Health experience should include an understanding of the Adult Mental Health system itself, diagnostic evaluations, various treatment options, services available, and potential barriers to those services. Trainer should have an understanding of the potential child risk and safety factors potentially precipitated by adult mental health diagnoses; how to explore those factors with caregivers; and how to incorporate knowledge gained from the caregiver into the casework process. Trainer should have a strong knowledge of the Social Work theories that are used to facilitate case planning and service provision for families with adult mental health diagnosis. Finally Trainer should have the ability to relate mental illness and the mental health system to Child Welfare. The trainer should read and be familiar with the entire Adult Mental Health Resource Book and be familiar with the DSM-IV-TR. The trainer is encouraged to prepare a resource table with additional information focused on child welfare specific interventions pertaining to mental health issues of children/adolescents.

PENNSYLVANIA STANDARDS/CFSR:

Safety:

IA: Assessment: Assess Inquiries

IIID: Service Delivery: Assure Service Needs

IIIH: Service Delivery: Combine Concrete and Therapeutic Services

IVF: Monitoring and Evaluation: Collaborate with Family

Permanence:

IE: Assessment: Produce a Family Focused Assessment

IIID: Service Delivery: Assure Service Needs

IIIH: Service Delivery: Combine Concrete and Therapeutic Services

IVF: Monitoring and Evaluation: Collaborate with Family Well-Being:
IF: Assessment: Assess Interrelationships of Critical Issues
IH: Assessment: Consider Culture
IIIB: Service Delivery: Establish Service Linkages
IIID: Service Delivery: Assure Service Needs
IIIH: Service Delivery: Combine Concrete and Therapeutic Services

MATERIALS NEEDED FOR WORKSHOP:

- Markers
- Name tents
- Masking tape
- Idea Catchers
- 2 Flip Chart Pads/Stand
- TV/DVD
- Overhead projector/screen
- Overhead Markers
- Transparencies
- DVD: 308 Adult Mental Health Issues... Disk 1
- DVD: 308 Adult Mental Health Issues... Disk 2

LIST OF PREWORK

1. Pre-Work Letter
2. Pre-Work CD
3. Pre-Work #1: Pre-Work Instructions
4. Pre-Work #2: Psychological Evaluation

LIST OF HANDOUTS:

- Handout #1: Agenda and Learning Objectives (2 pages)
Handout #2: Components of the DSM-IV TR (1 page)
Handout #3: Commitments (2 pages)
Handout #4: Connections to the CFSR (1 page)
Handout #5: The Role of the Child Welfare Professional (2 pages)
Handout #6: Mood Episodes (1 page)
Handout #7: Behavioral Indicators of Depression (1 page)
Handout #8: Impact of Depression (1 page)
Handout #9: Risk Factors for Postpartum Depression (1 page)
Handout #10: Edinburgh Postnatal Depression Scale (3 pages)
Handout #11: Making Connections (1 page)
Handout #12: Questions for the Sweden Family (1 page)
Handout #13: Blank Eco-Maps (1 page)
Handout #14: Velasquez Family Case Study
Handout #15: Parenting Domains (2 pages)
Handout #16: Psychological Evaluation (1 page)

Handout #17: Sample Psychological Evaluation (2 pages)
Handout #18: A Critical Look (2 pages)
Handout #19: My Training Goals (1 page)

LIST OF OVERHEADS:

Overhead #1: Agenda (2 pages)
Overhead #2: Learning Objectives (2 pages)
Overhead #3: Mental Health is... (1 page)
Overhead #4: Results of the Ice Breaker Activity (2 pages)
Overhead #5: Prevalence of Mental Health in the United States (1 page)
Overhead #6: Rates of Serious Psychological Distress (1 page)
Overhead #7: Diagnostic and Statistical Manual, Fourth Edition – Text Revision [DSM-IV TR] (1 page)
Overhead #8: Decision Making Crosswalk (1 page)
Overhead #9: Commitments (1 page)
Overhead #10: The Pennsylvania Mental Health Procedures Regulation (3 pages)
Overhead #11: Definition of Safety Threat (2 pages)
Overhead # 12: Types of Protective Capacities (1 page)
Overhead #13: Connections to the CFSR (1 page)
Overhead #14: Mental Health Affects on Children (1 page)
Overhead#15: Types of Disorders (2 page)
Overhead #16: Mood Disorders (1 page)
Overhead #17: Mood Episodes (3 pages)
Overhead #18: Bipolar Questions (1 page)
Overhead #19: Anxiety Disorders (1 page)
Overhead #20: Personality Disorders (1 page)
Overhead #21: Definition of Dual Diagnosis (1 page)
Overhead #22: Statistics on Dual Diagnosis (1 page)
Overhead #23: Co-Morbidity (1 page)
Overhead # 24: Co-Morbidity and Mental Illness (2 pages)
Overhead #25: Saleeby Quote (1 page)
Overhead #26: Blank Eco-Map (1 page)
Overhead #27: Safety Decisions (2 pages)
Overhead#28: 6 Stages of Change (1 page)
Overhead #29: Parenting Domains (1 page)
Overhead #30: Psychological Evaluation (3 pages)
Overhead #31: Components of a Psychological Evaluation (1 page)
Overhead #32: Past Year of Treatment (1 page)
Overhead #33: Treatment Type of Treatment (1 page)
Overhead #34: Reasons for Not Receiving Treatment (1 page)
Overhead #35: When a Caregiver Needs Hospitalization (1 page)

LIST OF BOOKS:

- 1: Girl Interrupted

LIST OF DVD CLIPS:

1. DVD: Analyze This
2. DVD: As Good As It Gets
3. DVD: What's Eating Gilbert Grape
4. DVD: Fearless
5. DVD: Annie Hall
6. DVD: A Beautiful Mind
7. DVD: The Sixth Sense
8. DVD: Meet the Sweden's

LIST OF POSTERS

NOTE: The following posters should be printed on 8 1/2 X 11 card stock paper:

- Poster # 1: Abraham Lincoln
- Poster # 2: Lionel Aldridge
- Poster # 3: Leo Tolstoy
- Poster # 4: Winston Churchill
- Poster # 5: Vivien Leigh
- Poster # 6: Sylvia Plath
- Poster # 7: Patty Duke
- Poster # 8: Charles Dickens
- Poster # 9: Ernest Hemingway
- Poster # 10: Theodore Roosevelt
- Poster # 11: Ted Turner
- Poster # 12: Mike Wallace
- Poster # 13: Tracy Ullman
- Poster # 14: Brooke Shields
- Poster # 15: Michael Jackson
- Poster # 16: Cesar Chavez
- Poster # 17: Geronimo
- Poster # 18: Tina Turner
- Poster # 19: Bjork
- Poster # 20: Ozzie Osborne

LIST OF TRAINER RESOURCES:

- 1: Results from the 2006 Survey of National Drug Use and Health (14 pages)

LIST OF TRAINING ROOM RESOURCES

- Adult Mental Health Resource Book (1 per participant)
- Mental Health Advanced Directives (5 table copies)
- DSM – IV TR (1 copy as training room resource)

CE CREDITS ASSIGNED:

CE Credit for LSW, LCSW (12 hours)