

WORKSHOP DIRECTORY PAGE

TITLE: Engaging Incarcerated Parents

COMP #: 305

NO. HRS: 6

DATE: June 2009

COMPETENCY:

305-1 The Child Welfare Professional is familiar with models of effective parenting, and can teach parenting strategies to parents by explaining and demonstrating parenting techniques, can support parents in trying new strategies, and can refer parents to formal training classes or groups when needed.

LEARNING OBJECTIVES:

Participants will be able to:

- Explain how incarceration impacts their role in working with children and families;
- Describe the impact of incarceration on the incarcerated parent, children and families, and communities;
- Identify potential outcomes when the incarcerated parent maintains contact with their children;
- List common barriers encountered by the incarcerated parent and his/her family; and Identify and utilize resources available to achieve desired child welfare outcomes.

CALENDAR SUMMARY:

It is estimated that 2.8 percent of our nation's children have at least one parent who is incarcerated. Due to stressors prior to incarceration and, because of their parents' incarceration, many children with incarcerated parents find themselves in the child welfare system whether while living with a non-incarcerated parent, living with another relative, or in a foster placement. This workshop provides Child Welfare Professionals information concerning the impact of incarceration on children, their families, and the community. It also offers information that focuses on the importance of engaging the incarcerated parent and using available resources and strategies – such as consistent communication and, when appropriate, visitation – to accomplish maintaining and even strengthening the bonds between child, incarcerated parent, and family to promote child safety, permanency, and well-being in a timely manner.

This workshop is eligible for six (6) Continuing Education Credits for LSW and LCSW licensure.

TARGET AUDIENCE:

This workshop is intended for the Child Welfare Professional who has completed his or her 120 hours of foundation training.

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EXPECTATIONS OF THE TRAINER:

The trainer should be knowledgeable about the child welfare system and familiar with the impact of incarceration on children, how it impacts the parent/child bond, and the parent's ability to parent both during incarceration and upon re-entry into the community. Knowledge of programs and resources available to incarcerated parents and their families is desirable. Experience in working with incarcerated parents and their families is preferred.

PENNSYLVANIA STANDARDS/CF SR OUTCOMES:

- II. Service Planning: Share the Plan: Well-Being: (F)(1)(g))
- II. Service Planning: Include Formal and Informal Services: Well-being and safety: (G)(1)(e)
- II. Service Planning: Involve Extended Families as a Resource: Permanence: (H)(1)(a)(b)
- III. Service Delivery: Connect Service Plan and Delivery: Safety, Permanency, Timeliness and Well-being: (A)(1)(g)
- III. Service Delivery: Implement Service Plan: Safety, Permanency, Timeliness, and Well-being: (E)(1)(a)(b)(c)

MATERIALS NEEDED FOR WORKSHOP:

- Appendices
- Color Markers
- Curriculum
- DVDs
- Flipchart Stands
- Flipchart Pads
- Handouts
- Masking Tape
- Name Tents
- Tablet Paper for Activity (3 Sheets Per Participant)
- Television/DVD Player
- Trainer-Created Posters
- Overhead Projector and Screen
- Overheads
- Pre-Work
- Resources
- Scissors (1 Pair for Trainer to Cut Sentence Strips)
- Sentence Strips

LIST OF APPENDICES:

NOTE: For Appendices #1-4: Brochure order forms are available in the curriculum's *Miscellaneous* folder. Appendices that appear in the curriculum's folder offer only a picture of the cover page and additional ordering information. This is because we cannot post the actual brochures on the website. Do not send the

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Word/PDF versions to the trainer. Actual brochures must be purchased prior to and provided for training. Participants will keep the brochures.

- Appendix #1 (Now What? A Guide for Parents) – Word/PDF Document (Do Not Send) and PFSA Brochure (1 Per Participant)
- Appendix #2 (Parenting from the Inside) – Word/PDF Document (Do Not Send) and PFSA Brochure (1 Per Participant)
- Appendix #3 (Staying Involved with Your Children While Incarcerated) – Word/PDF Document (Do Not Send) and NFI Brochure (1 Per Participant)
- Appendix #4 (How to Create a Reentry Plan) – Word/PDF Document (Do Not Send) and NFI Brochure (1 Per Participant)
- Appendix #5 (Reaching Out: Current Issues in Child Welfare Practice in Rural Communities) (12 Pages) (1 Per Participant)

LIST OF DVDs/VIDEOS:

- DVD: Engaging Incarcerated Parents
- DVD: Family Ties

LIST OF HANDOUTS:

- Handout #1 (Agenda/Idea Catcher) (1 Page)
- Handout #2 (Engaging Incarcerated Parents Survey) (1 Pages)
- Handout #3 (The Effects of Incarceration) (1 Page)
- Handout #4 (Reasons to Engage the Parent and Advocate for Contact/Visitation) (2 Pages)
- Handout #5 (Children of Incarcerated Parents Bill of Rights) (1 Page)
- Handout #6 (Barriers to Engagement) (1 Page)
- Handout #7 (Working Collaboratively to Overcome the Barriers) (2 Pages)
- Handout #8 (Parenting from a Distance: Ideas for Separated Families) (1 Page)
- Handout #9 (Resources) (3 Pages)
- Handout #10 (10 Things to do to Support Children of Incarcerated Parents) (1 Page)
- Handout #11 (Autobiography in Five Short Chapters) (1 Page)
- Handout #12 (Transfer of Learning) (1 Page)
- Handout #13 (Bibliography and Other Resources) (2 Pages)

LIST OF OVERHEADS:

- Overhead #1 (Workshop Competency & Learning Objectives) (2 Pages)
- Overhead #2 (Workshop Agenda) (1 Page)
- Overhead #3 (Incarceration and Children in the United States) (2 Pages)
- Overhead #4 (The Effects of Incarceration) (1 Page)
- Overhead #5 (Reasons Given for Not Engaging the Incarcerated Parent) (1 Page)
- Overhead #6 (Reasons to Engage the Parent and Advocate for Contact Visitation) (1 Page)
- Overhead #7 (Aggravated Circumstances) (2 Pages)
- Overhead #8 (Barriers to Engagement) (1 Page)
- Overhead #9 (Malcolm X Quote) (1 Page)
- Overhead #10 (Dr. Karl Menninger Quote) (1 Page)

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Overhead #11 (Programs/Services Frequently Available in Correction Facilities) (1 Page)

LIST OF PRE-WORK:

Pre-Work #1 (Participant Letter)

Pre-Work #2 (Pre-Work Assignment)

CREDIT ASSIGNED:

CE for LSW & LCSW (6 hours)