



## Father and Child Reunion Tips

- ✓ Stay relaxed. Your child is curious and wants to get to know you.
- ✓ Choose a comfortable setting for your first contact.
- ✓ Keep the meeting simple.
- ✓ Listen to what your child has to say. Don't be defensive.
- ✓ Plan ahead.
- ✓ Plan a next visit before you leave.
- ✓ Don't bad-mouth your child's mother.
- ✓ Move slowly! Don't rush the relationship.
- ✓ Don't expect to be treated like a returning hero.
- ✓ Be careful what you promise.
- ✓ Address your absence but avoid justifying it.