

## WORKSHOP DIRECTORY PAGE

**TITLE:** Delinquency, Substance Abuse, and Early Sexual Activity in Children and Adolescents

**COMP. #:** 303-1, and 303-02

**DATE:** June 1, 2003

### COMPETENCY:

**303-1:** The Child Welfare Professional can communicate with and interview children using a variety of age appropriate methods and strategies to elicit and transmit information.

**303-2:** The Child Welfare Professional knows the behavior indicators and dynamics of common emotional disorders of children including depression, ADHD, conduct disorders, anxiety, and suicide; and can refer the child to the proper professional for further assessment and/or treatment.

### LEARNING OBJECTIVES:

- Identify the impact of delinquency, substance abuse, and early sexual activity on the safety, health and potential of children and youth.
- Recognize the signs, symptoms, and related behaviors of delinquency, substance abuse, and early sexual activity.
- Identify effective engagement and interviewing strategies to use with children and youth involved in delinquency, substance abuse and early sexual activity.
- Practice interviewing children and youth with possible delinquency, substance abuse, and early sexual activity issues.
- Assist children youth and families to identify and connect with appropriate resources in the community.

**CALENDER SUMMARY:** CYS workers are serving more and more children and adolescents who are involved in delinquency, substance abuse, and early sexual activity. In order to assist these types of clients, caseworkers need to be able to recognize signs of delinquency, substance abuse, and early sexual activity. Furthermore, CYS workers need to understand that for the most part these three activities do not normally happen individually but are intertwined. In knowing these identifiers and learning intervention skills, CYS workers will be able to intervene in an effective manner to assist their clients with these issues.

### **List of Handouts**

- Handout #1** Agenda and Learning Objectives (2 pages)
- Handout #2** Delinquency Facts (1 page)
- Handout #3** Substance Abuse Facts (1 page)
- Handout #4** Early Sexual Activity Facts (1 page)
- Handout #5** Negative Thinking Patterns that Contribute to Delinquency, Substance Abuse and Early Sexual Activity (1 page)
- Handout #6** Community Resources (2 pages)
- Handout #7** Warning Signs for Delinquency, Substance Abuse, and Early Sexual Activity Worksheet (1 page)
- Handout #8** Engagement Strategies (2 pages)
- Handout #9** 3 Interview Techniques (2 pages)
- Handout #10** Client Interview Practical Skills Checklist (2 pages)
- Handout #11** Case Study of Linda (2 pages)
- Handout #12** Case Study Questionnaire (1 page)

### **List of Appendices**

- Appendix # 1** Example Role Play (1 page) (Make 1 copy)
- Appendix #2** Role Plays (5 pages) (Make 3 copies)