

Interviewing Techniques

- **5 Key Questions ;** useful in helping the youth focus on the issues of personal responsibility, the impact of the problematic behaviors on the client's life and goals, and encouraging the client to take specific corrective action.
- **Time Line Exploration;** the technique of helping the adolescent to recall in chronological order the significant events and relationships in the life of the client
- **ABC Baskets;** useful in helping the adolescent and/or parents prioritize behaviors to be worked on and strengths to be used.