

Client Interview Practical Skills Checklist

(please check either yes or no for the skills used in the interview)

Skill	Example		Interview # 1		Interview # 2	
	Yes	No	Yes	No	Yes	No
Open ended questions						
Non-Judgmental						
Separates feeling of behavior from client						
Validated clients feelings						
Challenges behaviors with out anger						
Affirms positive decisions by client						
Puts client in charge of positive behavior						
Uses clarifying statements						
Accepts clients feelings						
Redirects negative thought patterns						

1. What worked well?

2. What could be done differently to improve the interview?

3. What skills do you personally like the most?

Interview Note Page