

Helping Parents/Caregivers Understand Their Child/Adolescent's Development

- Share information regarding developmental expectations in a manner that would best fit the philosophy, cultural worldview and current patterns within the family
- Encourage connections with family members and friends that have experience with child rearing
- Identify a mentor who can provide individualized education
- Arrange for parenting classes, parent support groups, etc.
- Provide resource materials
- Model appropriate interactions and reasonable expectations