

Biopsychosocial Factors

Biological

- General health
- Nutrition
- Temperament
- Physical injury/limitations/disability
- Physical environment
- Biological predisposition to some mental health disorders

Psychological

- Attachments
- Reciprocal relationships
- Social skills
- Problem solving abilities
- Areas of conflict, struggle or distress
- Mental health/cognitive functioning

Social

- Relations with nuclear/extended family
- Economic status
- Social environment (housing)
- Supports and attachments