

WORKSHOP DIRECTORY PAGE

TITLE: Childhood Mental Health Issues: An Introduction for Child Welfare Professionals

COMP. #: 303

NO. HRS: 12

DATE: May 2008

COMPETENCY:

303-3: The Child Welfare Professional knows common emotional disorders of children and the behavioral indicators and dynamics of these disorders; depression, ADHD, conduct disorders, anxiety, suicide, and can refer the child to the proper professional for further assessment and/or treatment.

303-5: The Child Welfare Professional can link families to therapeutic services in the community and can coordinate the provisions of these services.

LEARNING OBJECTIVES: Participants will be able to:

- Recognize safety threats and risk factors that might lead to or result in additional child abuse and neglect in children/adolescent with mental health issues;
- Recognize how and when a caseworker needs to intervene to assure safety, permanency and well-being for children/adolescents with mental health issues;
- Apply solution-focused questioning strategies with children and families coping with child/adolescent mental health issues;
- Explain how effective outcome-based treatment is based on comprehensive, ongoing assessment of children/adolescents with mental health issues; and
- Learn how to collaborate with the Mental Health system while still abiding by the laws and regulations associated with confidentiality and release of records.

CALENDAR SUMMARY:

This training serves as an introduction for Child Welfare Professionals on the topic of childhood mental health issues and its connection to child welfare. As Child Welfare Professionals come into contact with a child/adolescent who has mental health diagnosis, it is imperative that they be able to identify and connect issues related to the diagnosis to the casework process. In this training, best practice in the areas of assessment, service planning, collaboration and referral, and permanency planning will be related to the case process for a child/adolescent with mental health issues. This workshop is eligible for 12 Continuing Education Credits for LSW, LCSW, LPC, & LMFT licensures.

TARGET AUDIENCE:

This workshop is part of the Second Layer of Core, which is intended for newly certified direct service workers. The content presented in this training provides new Child Welfare Professionals with foundational information related to specific casework practice regarding children and adolescents with mental health issues. Child Welfare Professionals interested in an updated overview of child/adolescent mental health issues would also benefit from this workshop.

EXPECTATIONS OF THE TRAINER:

This trainer must have extensive experience working with children and adolescents with mental health concerns within Child Welfare. The trainer is required to possess a thorough knowledge of the Child Welfare casework process. The trainer should have clear working knowledge of both risk and safety assessments as well as the knowledge and ability to put into practice ASFA, PA Standards, Interactional Skills, and the PA State Bulletins. The trainer must have knowledge regarding the history, diagnosis, behavioral indicators, prevalence, and preferred treatment of children and adolescents with mental health disorders. The trainer should possess a background and experience in team approaches with families and Mental Health Professionals who deal with children and adolescents diagnosed with mental health disorders. The trainer should read and be familiar with the entire Childhood Mental Health Issues: Trainee Resource Book and be familiar with the DSM-IV-TR. The trainer is encouraged to prepare a resource table with additional information focused on child welfare specific interventions pertaining to mental health issues of children/adolescents.

PENNSYLVANIA STANDARDS/CFSR:

Safety:

IA: Assessment: Assess Inquiries

IIID: Service Delivery: Assure Service Needs

IIIH: Service Delivery: Combine Concrete and Therapeutic Services

IVF: Monitoring and Evaluation: Collaborate with Family

Permanence:

IE: Assessment: Produce a Family Focused Assessment

IIID: Service Delivery: Assure Service Needs

IIIH: Service Delivery: Combine Concrete and Therapeutic Services

IVF: Monitoring and Evaluation: Collaborate with Family

Well-Being:

IF: Assessment: Assess Interrelationships of Critical Issues

IH: Assessment: Consider Culture

IIIB: Service Delivery: Establish Service Linkages

IIID: Service Delivery: Assure Service Needs

IIIH: Service Delivery: Combine Concrete and Therapeutic Services

IVF: Monitoring and Evaluation: Collaborate with Family

MATERIALS NEEDED FOR WORKSHOP:

- Markers
- Name tents
- Masking tape
- Idea Catchers
- 2 Flip chart pads
- 2 Flip chart stands
- Post-it Notes on each table
- TV/DVD/VCR
- Overhead projector/screen
- Transparencies
- Handouts for participants
- Appendixes
- Video: Day for Night: Recognizing Teenage Depression
- Video: Straight Talk About Autism
- Posters: Agenda
- Magazine: People, US Weekly (Suggested to have something about weight issues on the cover)
- Childhood Mental Health Issues: Resource Book (1 per participant)

LIST OF HANDOUTS:

- 1: Learning Objectives (1 page)
- 2: Child and Family Services Review (CFSR) Data (1 page)
- 3: Normal Developmental Tasks vs. Indicators of Concern (6 pages)
- 4: Factors that Influence Developmental Problems in Maltreated Children/Adolescents (1 page)
- 5: Case Scenario: Nicole Adams (2 pages)
- 6: Solution-Focused Questions (1 page)
- 7: Anxiety Disorders: Case Scenarios (5 pages)
- 8: Age of Consent for Mental Health Treatment in Pennsylvania (8 pages)
- 9: Mental Health / Mental Retardation (4 pages)
- 10: Child and Adolescent Service System Program (CASSP) (1 page)
- 11: Characteristics of a Quality Evaluation Report (1 page)
- 12: Transfer of Learning (1 page)
- 13: Bibliography (4 pages)

LIST OF OVERHEADS:

- 1: Agenda (2 pages)
- 2: Learning Objectives (1 page)
- 3: Biopsychosocial Factors (1 page)
- 4: Perception and Attitudes about Mental Health Issues (1 page)

- 5: Stigma (1 page)
- 6: Helping Parents/Caregivers Understand Their Child/Adolescent's Development (1 page)
- 7: Solution-Focused Questions (1 page)
- 8: Mental Health Statistics (1 page)
- 9: Categories of Disorders (1 page)
- 10: Depression and Suicide Statistics (1 page)
- 11: Behavioral Indicators Associated with Conduct Disorder (1 page)
- 12: Mental Health Evaluation Referral Checklist (1 page)
- 13: Managed Care in Pennsylvania (1 page)
- 14: Characteristics of a Quality Evaluation Report (1 page)
- 15: Treatment Approaches (1 page)

LIST OF APPENDIX

- 1: Scaling Signs
- 2: Sample Solution-Focused Questions for Nicole Adams Activity

LIST OF VIDEOS

1. Video: Day for Night: Recognizing Teenage Depression
2. Video: Straight Talk About Autism

LIST OF POSTER

- 1: Agenda (2 pages)

CE CREDITS ASSIGNED:

CE Credit for LSW, LCSW, LPC, & LMFT (12 hours)