



CHILDHOOD MENTAL HEALTH ISSUES: APPLICATION TO THE CASEWORK PROCESS PRE- WORK INSTRUCTIONS

Required Pre-Work:

- 1) Using **Pre-Work #2 (Case Study Report)** form; complete a synopsis of a case you are currently working on or are aware of in your agency for the panel presentation.
 - Be prepared to share the details of this case with your small group and/or the panel.
 - Bring copies of any relevant psychological/psychiatric reports from the above case, with confidential information deleted/blacked out.
- 2) Bring a list of child/adolescent mental health community resources available in your area, including those who address specific ethnic/cultural populations.
- 3) Identify barriers associated with working with families affected by childhood mental health issues, focusing on mood, anxiety, neurodevelopmental, disruption & attention, attachment, and/or eating disorders.

Recommended Pre-Work:

- 1) Sit in on an ISPT/CASSP meeting.
- 2) Make a referral and identify additional questions for the panel based on that experience. Record your questions on the **Pre-Work #3 (Questions for Panelists)** form.
- 3) Read the enclosed article from NAMI: *An Overview of Multicultural Issues in Children's Mental Health*. Come prepared to share your observations.
- 4) Review the *Childhood Mental Health Issues Resource Book*.