

WORKSHOP DIRECTORY PAGE

TITLE: Childhood Mental Health Issues: Application to the Casework Process

COMP. #: 303

NO. HRS: 6

DATE: May 2008

COMPETENCY:

303-2: The child welfare professional knows common emotional disorders of children and the behavior indicators and dynamics of these disorders: depression, ADHD, conduct disorders, anxiety, suicide; and can refer the child to the proper professional for further assessment and treatment.

LEARNING OBJECTIVES: Participants will be able to:

- ✓ Integrate understanding of different cultures into practice.
- ✓ Apply Childhood Mental Health knowledge and skills to casework practice tasks; that is, to be familiar with and to make ongoing efforts to communicate and collaborate with professionals from the many other systems involved in monitoring children and adolescents with mental health issues.
- ✓ Articulate the importance of case practice skills related to communication and collaboration.
- ✓ Monitor progress and apply information to goals of safety, permanence, and well-being.
- ✓ Utilize Resource Book in training and in practice.

CALENDAR SUMMARY:

This training emphasizes the monitoring of and service coordination with families and community-based agencies to meet the concrete, supportive, and therapeutic needs of children with mental health issues. Child welfare professionals will apply their knowledge and skills to actual case situations from their caseloads and present case information to a panel of mental health professionals and/or consumers, focusing on service availability and access, criteria for receiving services, and assessing completion of service goals. This workshop is eligible for 6 Continuing Education Credits for LSW, LCSW, LPC, & LMFT licensures.

TARGET AUDIENCE:

This training is intended for all certified caseworkers and their supervisors, including those who have particular interest in children with mental health concerns.

Pre-requisite: *Childhood Mental Health Issues: An Introduction for Child Welfare Professionals*

EXPECTATIONS OF THE TRAINER:

The trainer of this curriculum should possess extensive knowledge and experience in the mental health profession to include specific knowledge of the mental health system including the history, diagnosis, symptomatology, prevalence, treatment options, community resources, and mental health law and regulations as it relates to children and adolescents. The trainer must also have extensive knowledge and experience in the child welfare system and understand the role of the child welfare professional, the operation of the child welfare system in Pennsylvania and its relationship to the mental health system. Further, the trainer should also have extensive experience in working with children and adolescents with mental health concerns who are involved with the child welfare system and a working knowledge of child development. The trainer should have familiarity with the CFSR, the PA Standards, Interactional Skills, Mental Health and Children & Youth and must be able to facilitate panel presentations.

PENNSYLVANIA STANDARDS/CFSR:

Safety

IVA: Monitoring/Evaluation: Monitor Service Delivery
IVC: Monitoring/Evaluation: Revise Plan

Permanence

IIIQ: Service Delivery: Support Children
IIIR: Service Delivery: Support Caregivers
IVD: Monitoring/Evaluation: Provide Supervisory Oversight

Timeliness

IVD: Monitoring/Evaluation: Provide Supervisory Oversight

Well-Being

IF: Assessment: Assess Interrelationships of Critical Issues
IH: Assessment: Consider Culture
IVF: Monitoring/Evaluation: Collaborate with Family

MATERIALS NEEDED FOR WORKSHOP:

- Name tents
- Masking tape
- Idea Catchers
- Colored markers
- 2 Flip chart pads
- 2 Flip chart stands
- 5 sharpened pencils
- 25 multi-colored index cards

- 5 pads of Post-It notes
- 1 squishy popcorn ball
- Overhead projector/screen
- Overheads
- Handouts for participants
- **Handout #1 (Questions for the Panel)** (5 additional copies)
- **Handout #2 (Case Study Report)** (5 additional copies)
- **Poster #1: Phases of Casework Practice: Navigational Guide**
- **Poster #2: CFSR Performance Outcomes**
- **Poster #3: Commonly Diagnosed Disorders in Children**
- **Pennsylvania Standards** (5 table copies)
- **Childhood Mental Health Issues: Resource Book** (5 table copies)
- **Agency Panel Invitation Letter #1** (6 copies)
- **Youth/Family Panel Invitation Letter #1** (3 copies)

LIST OF PRE-WORK

- 1: Pre-Work Letter
- 2: Pre-Work Instructions
- 3: Case Study Report
- 4: Questions for Panel
- 5: June 2007 NAMI Article: *An Overview of Multicultural Issues in Children's Mental Health*

LIST OF HANDOUTS:

- 1: Questions for the Panel
- 2: Case Study Report
- 3: Criteria for Choosing a Case Study
- 4: Action Plan
- 5: Bibliography

LIST OF OVERHEADS:

- 1: Learning Objectives
- 2: Agenda
- 3: Childhood Mental Health Review Topics
- 4: Key Concepts

LIST OF TRAINER RESOURCES:

- 1: PA Standard on Monitoring
- 2: 2002 Child and Family Services Review (CFSR) Data
- 3: Tips for Effective Collaboration
- 4: Notes Regarding Panel

LIST OF POSTERS

- 1: Phases of Casework Practice: Navigational Guide
- 2: CFSR Performance Outcomes
- 3: Commonly Diagnosed Disorders in Children

LIST OF PANELIST LETTERS

Agency Panel Invitation Letter
Youth/Family Panel Invitation Letter
Agency Thank You Letter
Youth/Family Thank You Letter

CE CREDITS ASSIGNED:

CE Credit for LSW, LCSW, LPC, & LMFT (6 hours)