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**Anxiety & Related Disorders in Children &
Adolescents
Workshop Agenda**



- Introductions and Expectations
- Overview of Anxiety and Related Disorder
- Assessment and Treatment of Anxiety and Related Disorders
- Strategies for Children/Adolescents, Parents, and Educators
- Building a Support Network for Children/Adolescents Diagnosed with Post-Traumatic Stress Disorder
- Action Planning
- Wrap-Up and Evaluation