

# **303: Anxiety & Related Disorders in Children & Adolescents**

## **Guide to Overheads**

### **Section I – Introductions and Expectations**

- Overhead 1a: Agenda (1 page)
- Overhead 1b: Learning Objectives (1 page)

### **Section II – Overview of Anxiety and Related Disorders**

- Overhead 2: Eight Categories of Anxiety Disorders (6 pages)
- Overhead 3: Prevalence and Etiology of Anxiety Disorders (6 pages)

### **Section III – Assessment and Treatment of Anxiety and Related Disorders**

- Overhead 4: Assessment of Anxiety Disorders (1 page)
- Overhead 5: Treatment Approaches for Anxiety Disorders (3 pages)

### **Section IV – Strategies for Children/Adolescents, Parents, and Educators**

- Overhead 6: COPE Intervention (4 pages)

### **Section V – Building a Support Network for Children/Adolescents Diagnosed with Post-Traumatic Stress Disorder**

- Overhead 7: Support Roles of Treatment Team Members (3 pages)

### **Section VI – Action Planning**

- None

### **Section VII – Wrap-Up and Evaluation**

- None