

# **303: Depression and Suicide in Children and Adolescents**

## **Guide to Handouts**

### **Section I – Introductions and Expectations**

- Handout 1: Agenda and Learning Objectives (1 page)

### **Section II – Depression: A Mood Disorder**

- Handout 2: Depression: A Mood Disorder (1 page)
- Handout 3: Symptoms of Depression and Dysthymia (1 page)
- Handout 4: Facts and Figures (1 page)

### **Section III – Working with Families, Schools, and the Medical/Mental Health Community**

- Handout 5: Tips for Working with Families, Schools, and the Medical/Mental Health Community (1 page)
- Handout 6: Case Study of Roberto (1 page)

### **Section IV – Suicide Facts and Risk Factors**

- Handout 7: Suicide Awareness Quiz (1 page)
- Handout 8: Myths and Facts about Suicide (2 pages)
- Handout 9: Suicide Risk Factors (2 pages)

### **Section V – Assessing Suicidal Risk**

- Handout 10: Assessing Suicidal Risk (1 page)

### **Section VI – Application of Suicidal Risk Assessment**

- Handout 11: Case Study of Teisha (1 page)
- Handout 12: Suicide Risk Assessment Checklist (2 pages)

### **Section VII – Action Planning**

- Handout 13: Action Plan (1 page)

### **Section VIII – Wrap-Up and Evaluation**

- Handout 14: Bibliography (1 page)