

WORKSHOP DIRECTORY PAGE

TITLE: Depression and Suicide in Children and Adolescents

COMPETENCY

303-1: The child welfare professional can communicate with and interview children using a variety of age-appropriate methods and strategies to elicit and transmit information.

303-3: The child welfare professional knows the behavioral indicators and dynamics of common emotional disorders of children including depression, ADHD, conduct disorders, anxiety, and suicide; and can refer the child to the proper professional for further assessment and/or treatment.

NO. HRS: 6

DATE: 1/19/02

LEARNING OBJECTIVES: Participants will be able to:

- Identify the symptoms, etiology, and treatment of depression in children and adolescents.
- Identify the risk factors associated with suicide .
- Implement effective strategies for supporting and intervening effectively with children and adolescents diagnosed with depression or who are at risk for suicide.
- Collaborate effectively with all parties of the treatment team assembled to support children and adolescents diagnosed with depression or who are at risk for suicide.

CALENDAR SUMMARY: Caseworkers must frequently deal with a variety of problems presented by children and adolescents diagnosed with depression or who are at risk for suicide. This workshop offers participants the latest information on symptoms, diagnostic issues, and treatment of depression and the risk factors associated with suicide. It also provides individual and collaborative strategies to effectively intervene with these children, adolescents, and their families.

TITLE OF HANDOUTS:

1. **Agenda and Learning Objectives (1 page)**
2. **Depression: A Mood Disorder (1 page)**
3. **Symptoms of Depression and Dysthymia (1 page)**
4. **Facts and Figures (1 page)**
5. **Tips for Working with Families, Schools, and the Medical/Mental Health Community (1 page)**
6. **Case Study of Roberto (1 page)**
7. **Suicide Awareness Quiz (1 page)**
8. **Myths and Facts about Suicide (2 pages)**

- 9. Suicide Risk Factors (2 pages)**
- 10. Assessing Suicidal Risk (1 page)**
- 11. Case Study of Teisha (1 page)**
- 12. Suicide Risk Assessment Checklist (2 pages)**
- 13. Action Plan (1 page)**
- 14. Bibliography (1 page)**