

# Traditional Problem Solving Model vs. The Solution-Focused Model

| <b><u>Traditional Problem-Solving Model</u></b>   | <b><u>The Solution-Focused Model</u></b>  |
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| <ul style="list-style-type: none"><li>● The practitioner is the expert.</li><li>● Practitioner must figure out the type of client problem and the related solution.</li><li>● The “Problem” is objectively real.</li><li>● The job of the professional is to know about various problems, have assessment procedures and techniques for intervention.</li></ul> | <ul style="list-style-type: none"><li>● The client is the expert about his/her life.</li><li>● Practitioner must facilitate client solution building.</li><li>● Solutions emerge without connection to the specific related problem.</li><li>● The “problem” does not exist apart from the client as a whole person in context.</li><li>● The job of the professional is to understand the direction that the client wants to go and identify the supporting strengths.</li></ul> |