

## **Creating a Positive Vision of the Future (Transfer of Learning)**

- Refer back to the challenge(s) you identified in the walk-around activity at the beginning of the training day and select one or two that are important to you and may be doable.
  
- How have you attempted to deal with the challenge(s) and what measure of success have you achieved?
  
- What may have helped to produce the success or partial success in dealing with this/these challenge(s).

*(The trainer then asks miracle follow-up question)*

- What is the first thing you will notice when you wake up in the morning that tells you this miracle has happened?
  
- What else?
  
- What will be different about how you feel and act after the miracle has happened?

- What will family members notice is different about you after the miracle has happened?
  
- What will your co-workers notice is different about you?
  
- What will your clients notice that is different about you?
  
- On a scale of 0 to 10 with “0” being no confidence and “10” being very confident, how confident are you that the miracle can be achieved?  
0-1-2-3-4-5-6-7-8-9-10
- How is it that you selected that number?
  
- What will it take to boost that confidence number one point?
  
- On a scale of 0 to 10, with “0” being not committed at all, and “10” being highly committed, how committed are you to begin work on making the miracle happen?  
0-1-2-3-4-5-6-7-8-9-10
- How is it that you selected that number?
  
- What will it take to boost that confidence number one point?

- What is the first step you will take to begin to make the miracle happen?
  
- What is the second step?
  
- What supports and resources might you need to assist you in making the miracle happen?

THANK YOU