

# EXCEPTION QUESTIONS

**Exceptions** are those occasions in the lives of our clients when their problems could have occurred but did not – or at least were less severe. **Exception Questions** focus on who, what, when, and where (the conditions that helped the exception to occur) – NOT WHY. Exceptions may be random or deliberate.

## Examples:

- Are there times when the problem does not happen or is less serious? When? How does this happen?
- How was it that you were able to make this exception happen?
- If your friend (teacher, relative, spouse, partner, etc.) were here, and I were to ask them what they noticed you were doing different on that day, what would they say? What else?